



Alcohol interferes with the brain's communication pathways, and can affect the way the brain looks and works. These disruptions can change mood and behavior, and make it harder to think clearly and **move with coordination.**¹

In 2015, **66.7 million** people in the United States reported binge drinking in the past month.²



*For more information or for assistance with treatment please call,
Bergen County Office of Alcohol and Drug Dependency, 201-634-2740
Addiction fits the AMA criteria for a “chronic disease”: its primary, progressive, chronic and fatal.*

1. <https://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption> 2. The Surgeon General's Report on Alcohol, Drugs and Health

